

ALPHA SIGMA ALPHA ALUMNAE BOOK CLUB DISCUSSION QUESTIONS
APRIL 2021 – “FOUND IN TRANSITION: A MOTHER’S EVOLUTION DURING HER
CHILD’S GENDER CHANGE” BY DR. PARIYA HASSOURI

1. What was your favorite moment or message in “Found in Transition”?
2. Paria discusses her initial reaction to Ava’s coming-out as transgender, saying that she was blindsided, shocked and angry. Today, she says her biggest mistake there was not taking the time to listen to Ava. What were your thoughts reading through this critical moment in both Paria and Ava’s lives? What advice can you use from Paria in your own life in the future?
3. This book also talks about Paria’s own journey of transition based on her own fears and insecurities. As an Iranian-American with immigrant parents, Paria experienced past traumas of bullying and moving to/from Iran as a child. How did Paria’s transition affect this story as a whole?
4. “Found in Transition” explores many different emotions that Paria, Ava and their family were experiencing during this time. What emotions did you feel as you were reading the book? How do you think your emotions would differ if this story was yours?
5. Open Q&A with the author, Dr. Paria Hassouri! 😊