

ALPHA SIGMA ALPHA ALUMNAE BOOK CLUB DISCUSSION QUESTIONS  
FEBRUARY 2020 – “THE LOSS BETWEEN US” BY BROOKE MCBRIDE, ΦΦ

1. What was your favorite moment in *The Loss Between Us*?
2. *The Loss Between Us* takes a close look at the process of grieving. Jensen’s family and friends tried to help Jensen through her grieving, whether or not she was receptive to their help. Have you ever been in a position where you were trying to help someone you care about through a tough time in their life? What methods did you find were the most helpful to that person?
3. Jensen’s family and friends also had their own thoughts about how Jensen should feel at certain stages following Jeff and the baby’s death. Did you agree with their opinions, or did you think they were too rigid?
4. Nash and Jensen’s friendship/relationship was a key storyline throughout the book. Did you enjoy the way that their storyline was portrayed? What do you think Jensen’s story would have looked like without Nash in it?
5. Both Jensen and Nash felt they were responsible for the loss of loved ones, keeping their feelings of guilt a secret. Did you think their feelings of guilt were understandable? How do you think this similarity contributed to the bond of their friendship?
6. Jensen experienced many movements of growth throughout the novel (selling her house, going to school to be a photographer, etc.). Which was your favorite moment of growth, and which were you the most surprised by?
7. What were your thoughts on the friendship between Jensen and Olivia? Did you think their relationship had a positive or negative impact on Jensen’s grieving process?
8. What was your opinion of Jensen’s family and friends secretly asking Nash to reach out to her? Putting yourself in Jensen’s shoes, how would you have felt once finding out the truth? How do you think Nash could have handled it better (if at all)?
9. Why do you think Jensen was “stringing” Stan along towards the end of the novel if she knew she wasn’t truly interested in him?
10. What is your biggest takeaway from *The Loss Between Us*?