

ALUMNAE MEMBERSHIP EDUCATION NEWSLETTER

Winter 2018: Relationships, learning and the intellectual aim

"May our commitment to Alpha Sigma Alpha to strive for our best all-around development challenge each of us to be intellectually renewed daily and at every turn in our lives." -Hermes Day Ceremony

A well-educated and informed woman is an asset to her family, community and society. With knowledge comes both self-confidence and humility. Alpha Sigma Alpha members are challenged to strive for their best intellectual development through every possible means.

Whether graduation was one year ago or 50 years ago, we never stop learning.

HOW TO PARTICIPATE IN THIS ALUMNAE MEMBERSHIP EDUCATION

- 1 SET ASIDE TIME TO REVIEW THE ARTICLES AND VIDEOS.
- 2 READ THE REFLECTION QUESTIONS BEFORE AND AFTER EACH ARTICLE OR VIDEO.
- 3 WRITE DOWN A FEW NOTES OR THOUGHTS.  
You will be able to use these notes later in membership education discussions.
- 4 JOIN THE CONVERSATION BY:
  - Commenting on the blogs for each article or video.
  - Meeting with another member to discuss your thoughts - grab a coffee together.
  - Sharing the discussion with your alumnae chapter or association.
- 5 TAKE PART IN THE INTELLECTUAL AIM CHALLENGE FOR THIS QUARTER.  
See below for instructions.

As you review the articles and videos below, reflect on the following questions:

- What is the most important thing you have learned recently?
- What is one thing you wish you had known earlier in life?
- How will you take what you have learned to help mentor or guide someone else?
- How have your relationships changed over the past five years? Feel free to think specifically on one of the following groups: family, friends, children, co-workers, etc.
- What is one way that you have invested in a relationship with someone this week?



Making the most of moving back home

INTRO BY BRADLEY NORWOOD, OΓ

READ ARTICLE



Why the best hire might not have the perfect resume

INTRO BY ALY KOWAL, ZZ

READ ARTICLE



Got a meeting, take a walk

INTRO BY KIM BAYMA, ΨΨ

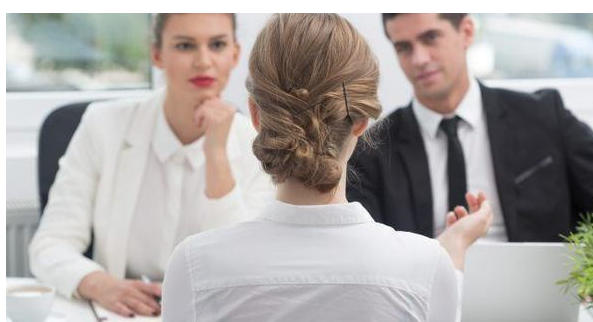
READ ARTICLE



How to deal with rejection

INTRO BY SUE ZARNOWSKI, OΣ

READ ARTICLE



Last minute ways to take your resume from basic to brilliant

INTRO BY CHRISTINA AYALA, ΔΗ

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Do you need a shrink or a mentor and what is the difference?

INTRO BY MELISSA MERRIAM, EE, AND CHRISTINE THOMAS, ΑΓ

READ ARTICLE

THE INTELLECTUAL AIM CHALLENGE:

Read the blog intro by Brittany Spillner, on [when moving to your dream city costs your financial freedom](#). Moving or not, choose one of these financially healthy tips to try out and see where you can make some smart changes to your lifestyle. Share your success by Friday, April 20, 2018, to be entered into a drawing for a \$50 Amazon gift card.

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